



## The Colorado Trail Foundation

710 10<sup>th</sup> Street, Rm. 210, Golden, CO 80401 303-384-3729 ctf@ColoradoTrail.org

### WHAT TO BRING ON A CTF BASECAMP CREW (2WD, HCV, 4WD)

#### ESSENTIAL ITEMS

- Eating Utensils:** Cup for hot & cold beverages, plate, fork, knife and spoon (and stuff sack or mesh bag for keeping utensils in dining canopy).
- Water Bottle(s) or Hydration Bladder:** minimum two-quart capacity.
- Daypack:** to carry your water (minimum two quarts), snacks, lunch, jacket and rain gear to work site; larger often better than smaller.
- Tent/Sleeping System:** with rain fly, ground cloth, closed cell foam pad or insulated air mattress that will allow you to sleep comfortably for the length of your crew, sleeping bag *at least 25F (-4C)*. At high altitude temps **can drop below freezing** at night.
- Work Clothing:** long pants, work gloves, sturdy (leather) work or hiking boots. For safety reasons *canvas footwear is not allowed* while working on the trail.
- Warm Clothing:** hat, gloves, sweater, long underwear, long sleeve shirt or sweat shirt, warm jacket and socks. (Choose synthetics or wool; avoid cotton.) Early morning temps are **often below freezing**.
- Rain Gear:** in all cases. You will likely get rained on (cold rain) sometime during the week!
- Flashlight or Headlamp:** and extra batteries.
- Sun Protection:** sun screen, lip balm, hat with brim.
- Toilet Articles:** toothbrush, soap, towel, etc.
- Eye Protection:** sunglasses or safety glasses for flying rock chips.
- Mosquito Repellent.**
- First Aid Items:** pain reliever, moleskin, bandages, etc. A complete 1st Aid kit will be available on-site.
- Prescription Medications**

#### OPTIONAL ITEMS (all nice if weight and space are not a problem)

- Sun shower bag (very desirable). 2.5 gallon works best with shower enclosure.
- Something to carry your lunch in
- Map and compass or GPS for hiking on off days
- Tennis or camp shoes and casual clothing for in-camp use
- Musical instruments: harmonica, guitar, flute
- Games: cards, frisbee
- Reading materials: magazine, book, flora/fauna field guides
- Fishing gear (location dependent)
- Binoculars
- Camera (the CTF would value you sharing your good photos - we need them for publications)
- Light-weight, comfortable folding chair

*\*Dogs & firearms are not permitted on CT crews, in part due to US Forest Service regulations.*